



VERY IMPORTANT INFORMATION

CANOE KAYAK RUN

KNOW THAT:

The river is not patrolled

You are responsible for your own safety and that of your peers at all times

This river (between Accueil Cantin and Shannahan) features two class 1 rapids (easy) and several whitewater sections

You must at all times wear your individual life jacket

You accept the risks inherent in the sport of canoe or kayaking, such as drowning, capsizing, hypothermia, fractures, cuts, etc.

This river has several communication and access difficulties in case of emergency evacuation.

BEFORE YOU LEAVE:

Take a look at the map of the river and its special characteristics.

Always tell someone where you plan to be, and time your expected return.

We suggest you bring with you in a waterproof bag some warm clothing and a small first aid kit.

Have some energy food, drinking water and comfortable shoes.

Kayaks contain no watertight compartment. However, they feature elastic that can accommodate flexible objects such as backpacks.

ON YOUR RIVER RUN:

Never run the river alone (two boats minimum). Extra caution is required before the rapids.

Stay away from jams (dead trees near the banks in surface or submerged).

Stop only where provided for this purpose (please follow the shoreline and quiet).

A stopover is possible to Delaney fall between km 3 and 4 on the river. An easy-level 0.5 km hiking trail leads you to the foot of the falls.

Dry toilets and picnic tables at Delaney Fall's halt and Camping de la Vallée (mid-term).

It is not advisable to drink water from the river, as it is unfit for consumption.

Please bring back with you all your waste as well as anyone else's. Glass containers are not allowed on the river.

You should be back to Accueil Cantin (end of the canoe run) before 18 h, otherwise additional charges will apply.



SPORT RUN:

The sport section of the Bras-du-Nord River is not supported by Vallée Bras-du-Nord.

This section begins immediately after Accueil Cantin (easy section boat dock) with a dangerous fall (portage on the left) followed by a canyon, and several rapids from class 1 to 4.

Signage is non-existent on this section. Thus, Vallée Bras-du-Nord is not responsible for any accidents that might occur. You must have the experience to get off this type of course and be able to read a map of the river before you venture out. This is available from Fédération québécoise de canot et kayak www.canot-kayak.qc.ca.